

Chapter 8. Fulfilling Your Life Purpose and Mission



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FULFILLING YOUR LIFE PURPOSE AND MISSION

WHAT LIVES WITHIN YOU THAT SEEKS TO BE BORN?

*“There is no other journey of consequence
greater than the journey within.”*

– Penny Kelly

Fulfilling Your Life Purpose, Mission and Goals

Your life is the most precious thing you have. Nothing is more important than using your time and energy to do what you came here to do. Some people know by the age of five exactly what they are going to do with their life – and they do it! Others don't even consider the question until they are thirty or forty. Some go to their grave wondering what their life was all about. We hope you don't do this!

Lots of people look at others and wonder why *they* get special attention or enjoy lucky breaks. It often appears that the attention or luck is coming from the outside world to that special individual. However, if you watch closely, you will see that the “special” person is paying close attention to everything around him and is doing three things. One, he is responding enthusiastically and openly to the positive things that happen to come his way. Two, he is minimizing the negative things that happen to occur by using a strong sense of humor and inner balance. What you pay attention to grows. What you ignore might as well not exist, and soon – it doesn't! And three, he has a set of fairly clear ideas about who he is and what he wants to do with his life, his time, and his energy.

When it comes to fulfilling your life purpose you have to dig deep inside your heart with total honesty to find what you would love to do. Many people get stuck right there because doing what you want is often bogusly classified as selfish. It's not selfish. Think of

yourself as a car that was created at an automotive stamping plant. If you were engineered to be a Ford truck, you can't pretend to be a Volkswagen Beetle or a Cadillac Escalade.

You were created by a power much greater than yourself and imbued with natural tendencies, talents, and gifts so that you could contribute those things to the world. Your job is to discover the things you love to do, then set about developing yourself in order to do them. This process generates a rich tapestry of experience for you and others, and it makes the world a beautiful place.

Sometimes people will say, "But I don't have any natural talents!" Just because you don't think you have talent now doesn't mean you won't develop any if you go looking. While a few people are born knowing what their life purpose is, the majority of us discover their life purpose quite by accident.

A friend named Robbie was just doing his job as a journalist and had to interview some golfers. He tagged along with them, got drawn into the game, and developed a passion for it. Looking for more excuses to get out on the golf course, he started teaching kids how to golf. That led to the realization that he wanted to help make the world a better place by working with kids *and* teaching them about life using the game of golf as a metaphor. What started out as a half-guilty desire to play more golf led to the discovery of a deep sense of purpose and a mission in life.

Something we hear a lot is “When I was younger I wanted...” If you had a passion for something and it was squelched or died an unnatural death because of obligations to family, difficult circumstances, timidity, or the inability to see that it was truly possible, now is the time to resurrect that passion.

Don’t let family, friends, or the people around you make you feel guilty about wanting to explore your life. Instead, encourage them to explore their own, and you’ll have a potential partner on the journey to self-discovery! The early stages of exploration and discovery often feel chaotic and uncertain, but don’t stop. Having a sense of purpose or a mission to fulfill will help you live a life full of positive self-expression, joy, and satisfaction.

In many conversations over many years, something we’ve heard regularly is how much people would enjoy helping others, doing good, being a philanthropist -- if they just had more time, money, or energy. We have all experienced the pangs of frustration at not being able to give – whether it’s money to a friend in need, or wisdom to a child who must learn for herself.

Uncovering your passion, finding your life purpose, and pursuing a mission that ignites your mind and fires your soul is a great way to help others, because it teaches others around you that you think it's important to be who you really are – and this gives them the subtle permission to do the same.

Fulfilling Your Life Purpose, Mission, and Goals will not only take you into the depths of yourself, it guides you along the journey to being authentic. You have a wealth of insight in you that you may never have tapped before, and this portion of the Ultimate Destiny Success System helps you do so, and it helps with goal-setting, refining and nurturing your purpose and mission until it is firmly established.

From the dozens of self-assessment questions, personal visions, and goals to the affirmations, gratitude, people, and learning that are all part of being able to sustain yourself on the journey, you find a host of supports and resources.

You *can* transform your life, you *do* have a reason for being, you *can* develop new interests, talents and skills no matter where you are in life – and *Fulfilling Your Life Purpose, Mission, and Goals* will help you do so. ♦

Self-Assessment Exercise

Complete this self-assessment quiz to discover how well you are fulfilling your ultimate destiny in this area of life. The exercise will also help you discover which of our programs would be of greatest value to you, your family and your work. Select the number that best describes you and then calculate the total. The number 1 means that this pertains to you very little of the time and 5 means that this is always in your life. If a statement doesn't apply to you, circle N/A and count it as a 3.

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I have invested the time and energy to know what my purpose is and I am totally satisfied with the progress I am making toward its realization.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I have done all pertinent exercises to know what my skills are that are likely to intersect with my highest purpose and sense of calling-my reason to be alive.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I have a 50 (or 100) year plan.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I have a system for tracking (such as journaling or other record-keeping) my progress toward the fulfillment of my goals and the results of pursuing my mission.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I am pursuing the top few passions of my life in ways that bring me great satisfaction.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I frequently review where I am both in execution of plans and possible changes in my passion, my vision, etc.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I have plans and structures in place for others to continue aspects of my work, as appropriate, should I become seriously disabled or die suddenly.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
I actively pursue relationships and joint ventures with like-minded individuals or organizations which have missions similar or complementary to mine.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5
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I have written goals for all important areas of my life and I keep them up to date.	<input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5

Whatever ultimate destiny means to you, we have created programs and services that will help you discover your dreams, realize more of your inherent potential and know how to manifest your ultimate destiny!

www.fulfillingyourpurpose.com