

## Chapter 21. Have No Regrets!



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## Have No Regrets!

**What will make each day worth the journey?**

*“The whole world, from the least to the greatest, must know the truth, so that man may understand the great laws that govern his life. He must learn to control his own destiny, to heal his own body, and bring happiness to his own soul.”*

Ernest Holmes, from *Creative Thought*

# Have No Regrets!

How would you like to look back from the future as you near the end of your life and have no regrets about how you lived your life? What if you waited too long to discover your life purpose? Would you have regrets like the seniors whose answers to a survey are provided in ***Have No Regrets?***

***Have No Regrets*** (Survey of 4,000 Retired Executives) Conducted by Gerald Bell, Professor of Organizational Behavior and Management, University of North Carolina at Chapel Hill. The executives surveyed were an average of 70 years of age and were asked this question:

**“If you could live your life over, what would you do differently?”**

Their responses were as follows:

**“I would have carved out life goals and owned my life. Life was not just practice, it was the real thing. I should have taken charge of my life with goal-setting.”**

Note: The information within parenthesis below each response offers the type of resources available from Ultimate Destiny that are directly related to each area of life.

**(Ultimate Destiny University** provides the best selling goals program of all time. The Dynamics of Personal Goal Setting by Paul J. Meyer, along with several other powerful programs by Brian Tracy, Jim Rohn, Les Brown, Mark Victor Hansen, Jack Canfield, Bob Proctor, T. Harv Eker, etc.)

**“I would have taken better care of my health. I threw away health as though it were trash.”**

**(Ultimate Destiny University** is coalescing the world’s best, tested and proven resources for taking better care of our members’ health, including programs and products from experts such as Deepak Chopra, Dr. Andrew Weil, Covert Bailey, and nutritional food products from well-established companies.)

**“I would have managed my money a lot more effectively.”**

**(Ultimate Destiny University** provides some of the world’s best resource people for generating and managing wealth from experts including Robert Kiyosaki and Paul J. Meyer, T. Harv Eker, Loral Langemeier, Robert Allen, Catherine Ponder, Edwene Gaines, Lynne Twist, and Mark Victor Hansen.)

**“I would have worked on quality family goals a lot more.”**

(**Ultimate Destiny University** features best-selling programs from Family Motivation Inc., Barry Spilchuk, John Gray, and others.)

**“I would have spent more time on personal development.”**

(**Ultimate Destiny University** specializes in bringing you the best programs on personal growth and development including hundreds of seminars and workshops from the University for Successful Living.)

**“I would have had a lot more fun in my life.”**

(Okay, we admit it...*Maybe* this is an area where we could use a little balance. Developing our company is about the most fun any of us involved have ever enjoyed.)

**“I would have planned my career.”**

(In addition to coaching and mentoring programs, **Ultimate Destiny University** presents Successful Living Skills, the MyTyme Personal Success Planner and Personal Management Workshops which are the most effective we have ever experienced.

**“I would have lived in oneness with my God and given more back to my community.”**

(Through our strategic alliance with CENTER SPACE and other nonprofit organizations involved in fostering spiritual growth, **Ultimate Destiny University** offers a treasure chest of resources for spiritual enlightenment and prosperity, including books, tapes, seminars, and workshops based on the classic works of Ernest Homes, Dr. Joseph Murphy, Rev. Catherine Ponder, Dr. Norman Vincent Peale, Sir John Marks Templeton, Paul J. Meyer, Joel Osteen, Rick Warren, and others.)

***Think about it...*** these retired executives clearly felt that their lives would have been far more productive and meaningful if they'd had access to, and taken advantage of, the wealth of resources available to you today from Ultimate Destiny University.

Just consider for a moment how many millions of people in America alone don't have nearly as much access to these types of development and transformational resources as executives do.

This is part of the reason we created Ultimate Destiny University, published *Manifesting Your Ultimate Destiny*, and launched our *Expanding the Circle of Success* project to donate Empowerment Training and Mentoring Systems through local nonprofit organizations.

**“Go confidently in the direction of your dreams.  
Live the life you have imagined.”**

### **Find Somewhere You Can Dream**

**“Find somewhere you can dream. It may be in a church; it may be along the banks of a stream or at a park. Find someplace where you can dare to dream big dreams; a place where your faith will be elevated. Get out of any negative environment and get into an atmosphere of victory, where people build you up rather than tear you down. Find a place where people will encourage you and challenge you to be the best you can be.**

**Find a place where people inspire you to reach for new heights. Friend, you will have to envision good things happening to you before they ever will.”**

***Joel Osteen, Your Best Life Now: 7 Steps To Living At Your Full Potential***

We hope that you are beginning to be excited about discovering the depths of who you really are. We can't imagine a better way to describe what we are offering to you through Ultimate Destiny University and *Manifesting Your Ultimate Destiny* than "Find Someplace You Can Dream." After all, we know that your dreams are waiting for *you to come true to yourself...* Imagine That!

## Looking Forward to the Rest of Your Life

By now, you should have a clearer understanding of yourself, who you are, why you are here, what you want to accomplish in life, and what goals you plan to achieve. Through the exercises you have completed in this book, you have made many important discoveries.

You have considered which of the facets of fulfilling your ultimate destiny are most meaningful to you. To learn how well are you doing in each area, please continue to explore the Ultimate Destiny Success System. It will help you discover for yourself the answers to these questions as you continue to advance and master the art and science of successful living as the Master and Commander of Your Ultimate Destiny.

In fact, we encourage you to revisit the answers you discovered in The Wheel of Life exercises and start in the area most important to you right now . . . Ask your heart to guide you and it surely will!

The secret of success in ***Solving Your Ultimate Destiny Success Puzzle*** is simply to RUB Your Own Lamp! You are a creative genius. You are the architect of your future and the creator of your ultimate destiny.

**R**realize your true identity as the architect and creator of your ultimate destiny.

**U**nderstand the secret of how to use universal laws.

**B**elieve in your dreams, in yourself, and in the rich talents and treasures within you They are waiting for you to be true to yourself and your dreams.

*“Inherently, each one of us has the substance within to achieve whatever our goals and dreams define. What is missing from each of us is the training, education, knowledge, and insight to utilize what we already have.”*

Mark Twain

## **My Ultimate Destiny Exercise**

**My ultimate destiny is to be...**

**My ultimate destiny is to do...**

**My ultimate destiny is to have ...**

**My ultimate destiny is to share ...**

**My ultimate destiny is to give ...**

**My ultimate destiny is to serve ...**

**My ultimate destiny is to teach ...**

**My ultimate destiny is to learn ...**

**My ultimate destiny is to leave a legacy of ...**