

Chapter 12. Harnessing Your Mind's Creative Power



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HARNESSING YOUR MIND'S CREATIVE POWER

WHAT JEWELS OF TALENT AND CREATIVE ENERGY LIE UNTAPPED IN YOU?

*"I must create a system or be enslaved by another man's.
I will not reason and compare; my business is to create."*

– William Blake

Harnessing Your Mind's Creative Power

If your life isn't unfolding the way you wish it would, it's time to harness your mind's creative power! Everything that exists in the world today was once an idea in someone's mind. If it can't be conceived, it can't be achieved.

Thus, if you want something – a job, money, relationships, health, a different lifestyle, peace of mind, creative work that's successful – you have to start by harnessing your mind. “Getting your bricks in a pile” is what we say on the farm. How can you build anything if your bricks are scattered all over?

You have the power to draw to yourself anything you want or need in life, and you do this by learning to focus your mind and coordinate your thoughts and actions. Generally, this is not a skill that is taught in high school, although some people do it naturally.

For many, however, one day we want a great love, the next we want great sums of money, the next we want to spend our life trekking freely through exciting foreign lands, and the next we're feeling guilty because the grass isn't mowed, the laundry is piling up, and the reports the boss asked for aren't done.

We end up scurrying around, snipping at others to leave us alone, resenting everything, and then the cycle starts over.

Meanwhile, we remain unaware that we are sending out terribly confusing messages to the Source of all creation.

You can end this cycle of dissatisfaction and confusion by simply coming to grips with yourself and your creative mind, and learning to use the Law of Attraction. This is the law that says, “Whatever you focus on becomes your reality.” It doesn’t matter whether you are focusing positively, as in “I want that... I want that...”, or negatively with thoughts like, “I hope that never happens... I don’t want that...”

Harnessing your mind is a combination of knowing what to do, being disciplined enough to do it, and being aware enough to begin noticing the signs of change and to practice gratitude for these. It means “acting as if” you already have what you have decided to create in your life.

Too often we do not take time to really go inside and figure out what we want. Just as often, we discount our desires by telling ourselves that what we want is not noble enough, or that we should want something bigger, or perhaps that what we want is asking too much. Life *is* abundance itself and we are meant to live in that abundance. All we have to do is get organized and decide what we want first, second, etc.

Each of us is overflowing with creative power, yet often we hold the attitude that abundance is limited, or is something we generate by ourselves. The truth is that Mind has no limits, is an eternal presence

within you, and when you make a clear decision or create a clear vision, and hold your attention on it, you are working with a power much greater than yourself.

When you tell yourself that some things are too difficult to get, you are making a statement about what you are willing to receive, not accurately describing the power of the great Mind of which you are part. Miracles unfold when you simply acknowledge your desire, allow yourself to feel gratitude and joy in the thought of having your desire fulfilled, and accept that blessing into your life.

What would you like to create or re-create in your life? A new home in a different part of town, or perhaps the country? A new career? A different shape for your body? A new skill such as photography, woodworking, writing, investing, or something else? Adventure? Romance? Time for travel? Do you dream of having freedom? New friends? Or the simple things like a new set of cups, a different hair color, or the courage to dress in some way that makes a statement about your heritage or beliefs?

To harness the power of your mind, you must know yourself deeply and set priorities for yourself. Otherwise, you will end up creating “conflicting wants.” You can’t want marriage *and* dating others. You have to choose one or the other or you’ll end up feeling bad. You can’t want a big savings account and then spend with abandon while expecting your spouse to keep increasing the savings account.

You'll end up being accused of manipulation and again feel bad. You can't refuse to educate yourself then blame the world when you can't get a good job or find interesting work. If you really don't want a formal education, then recognize that you're choosing to limit your possibilities. Develop yourself in some other way. A college degree is not a necessity, but self-development *is*. You can create almost anything you desire – and *Harnessing Your Mind's Creative Power* will help you do so. ♦

Self-Assessment Exercise

Complete this self-assessment quiz to discover how well you are fulfilling your ultimate destiny in this area of life. The exercise will also help you discover which of our programs would be of greatest value to you, your family and your work. Select the number that best describes you and then calculate the total. The number 1 means that this pertains to you very little of the time and 5 means that this is always in your life. If a statement doesn't apply to you, circle N/A and count it as a 3.

Harnessing Your Creative Mind Power

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| I have regular practices by which I tap into my subconscious and my creative powers (or superconscious mind) and find that it exponentially improves my accomplishments and the processes by which I achieve them, relative to relying only on conscious knowledge and effort. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I know how to work with both conscious and sub/super conscious aspects of mind to bring the two together for my and others' benefit. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I understand and take advantage of how the non-conscious mind will find ways to accomplish my intentions when I consciously can see no way. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I understand that "The Secret" of the ages for success and attainment can be summarized under a simple set of principles often called "The Law of Attraction," and I am growing in my intentional use of that law. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I carefully manage my time and life involvements to cultivate my use of the non-conscious mind. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I apply insights, energy, etc. from my non-conscious mind to creative efforts in various aspects of life, particularly those related to my mission in life and my service to others. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I regularly use tools to properly program and tap into my non-conscious mind, such as meditation, affirmations, visualization, masterminding groups, tapes of relaxation, imagery, or various sources of new information on relevant processes. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I apply insights, energy, etc. from my non-conscious mind to creative efforts in various aspects of life, particularly those related to my mission in life and my service to others. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I rejoice in the fact that, like everyone, I am constantly creative, even if not in areas that are most often noted as creative (the arts, invention, etc.) | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |
| I have a calm confidence that whatever information I truly have need for, I can access, because <i>all</i> knowledge is stored everywhere and becoming conscious of it is merely a matter of proper focus and coming into resonance with it. | <input type="radio"/> NA <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 |

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